Cardwell C. Nuckols, Ph.D.

An internationally recognized expert in such areas as behavioral medicine and addictions treatment. Cardwell C. Nuckols, Ph.D. has been a clinical and developmental consultant for over twenty-five years. During this time, he has consulted with The Central Labor Council (AFL-CIO), United Auto Workers, DuPont, General Motors, United Airlines, and other industries in the area of enhancing productivity. He served as a trainer and consultant to the Federal Bureau of Investigation (FBI), federal court systems, and branches of the armed forces specializing in the areas of antisociality, violence, and trauma.

Dr. Nuckols has also served as hospital administrator. In 1979 he formed his first company, Cardwell C. Nuckols and Associates, a national and international training and consulting organization. During his career he has been awarded national honors including the SECAD and Gooderham awards, as well as being recognized for his contributions to The American Society of Addiction Medicine's Patient Placement Criteria. Dr. Nuckols is also on the review boards of Counselor Magazine and the Dual Network. He writes a column entitled Pharm Report for Counselor magazine.

Dr. Nuckols' educational background includes advanced work in medical research, pharmacology, and psychology. His practical background comes from working with people in various business and clinical settings for over 25 years. Dr. Nuckols is widely published, having authored more than 45 journal articles, 18 books and workbooks, 22 videos, and 17 audiotape series. Dr. Nuckols first book, Cocaine: Dependency to Recovery is a trade best seller, as is, his booklets Quitting Heroin and Quitting Marijuana (Hazelden). His recent works include the book, healing an Angry Heart (HCI) and video Chalk Talk on Drugs with Father Martin (Kelly Productions). A series on Adolescent Disruptive Disorders is due for release by Hazelden Publications in 2004.

Non-Profit Organization

U.S. Postage Paid Menomonie, Wisconsin Bulk Permit No. 3



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Iniversity of Wisconsin-Stout

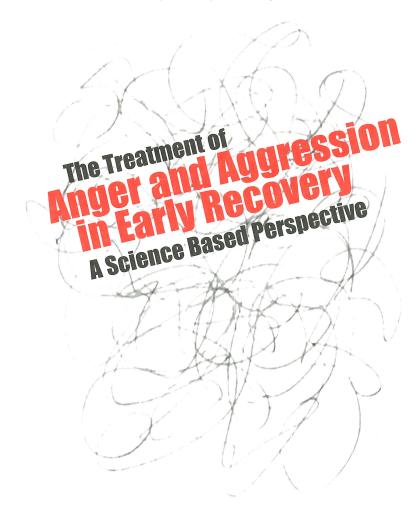
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P.O. Box

Drug Abuse Network,

Professional Development Series

2004 Professional Development Series One-day workshop developed in response to HFS 75.



presented by C. C. Nuckols. Ph.D.

February 17, Milwaukee February 18, Stevens Point February 19, Menomonie

Co-Sponsored by: National Rural Alcohol and Drug Abuse Network, Inc. (NRADAN) New Beginnings University of Wisconsin-Stout

The Treatment of Anger And Aggression in Early Recovery: A Science Based Perspective

Cardwell C. Nuckols, Ph.D. Registration: 8:30 a.m. Workshop 9:00 a.m. - 4:00 p.m.

Description:

Often the last thing an alcoholic or addict says prior to relapse is some angry remark such as, "If things are this bad I might as well get drunk/high."

Anger is a common relapse theme in early recovery. Old anger, that cannot be medicated with alcohol and drugs, grows creating interpersonal difficulties with loved ones, and those at work, school, treatment programs or the criminal justice system. Ultimately this anger and rage leads to relapse.

This skills training event will help clinicians understand the latest research on the treatment of anger and aggression and how this research can be used in the counselor's office or group room. Participants can expect to learn "hands on" technique that has been empirically proven to be effective. The goal is to be able to use scientific understanding to assist the alcoholic and addict with anger management problems that are so commonly encountered during the early recovery period.

Objectives:

Upon completion of this course participants will be able to:

- Understand that anger may be a strategy used to preserve a clients need for control when a situation that causes fear of loss of control (unmanageability) arises.
- Discuss the current research regarding anger and aggression and how this research can be translated into useful clinical skills
- Describe empirically proven strategies helpful in working with this angry, potentially aggressive population.

Registration Form

SSN*

2004 Professional Development Series

The Treatment of Anger and Aggression in Early Recovery

Position/Title

*Providing this information is optional, but very important for recording and retrieval of CEU records.

Address please check one - □ home □ business Street		Accreditation:	
CitySt	ate 7in	Application has been made for 6 hours of endorsed training through the Wisconsin Counselor Certification Board.	
Business Name (if applicable)		_	
Phone (home) (business) FAX E-mail		Cancellation: A full refund will be granted upon notification on or before the early registration date. Refunds requested after that date	
Send Registration Form to: Stou	nt Solutions, 140 Vocational Rehabilitatio	on Building, Ur	niversity of Wisconsin-Stout, P.O. Box 790,
Menomonie, WI 54751-0790 •	(715) 232-2793 Fax (715) 232-338	5 • ema	il: conference-solutions@uwstout.edu
VOLUNTARY INFORMATION University of Wisconsin S	System asks that you voluntarily respond to the quest	ons below.	
The cumulative demographic information will be used to enh			
Gender □ Male □ Female	Age		Occupation/Organization
Race/Ethnicity	under 18 🔲 18-34		☐ Educational Services
☐ Black (African American,	□ 35-49 □ 50-64	□ 65+	Health Services (Physical and Mental)
not of Hispanic origin)	Are you enrolled in this program	for career	Protective Services (Police, Guards,
Asian or Pacific Islander	purposes?		Correctional Workers)
American Indian or Alaskan Native	uges ug no		☐ Social, Recreational, and Religious Services
☐ Hispanic			Other
☐ White (not of Hispanic origin)			

General Information

Registration (after Feb. 9)

vour own.

Workshop Facility and Parking:

Early Registration (through Feb. 9)

Information will be sent to you with your confirmation.

*Fee includes program materials and breaks. Lunch is on

\$ 95

\$115